

Superheroes of mobility

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| Duration | 1h 30 |
| Session objectives | Be aware of powers/skills owned by staff involved in mobility actions |
| Nr of Facilitator(s) | 1 for up to 25 participants |
| Nr of Participants | Up to 25 participants |
| Room requirements | 1 room |
| Supplies and equipment | Video Projector and movable sits |
| Materials | markers, Post- its, worksheets and paper notes |
| Handouts | Annex 1 Kolb Cycle Annex 2 (PPT presentation) |
| Références | |

Description

Include Instructions facilitators, step by step description, time schedule

| Duration | Instructions |
|----------|--|
| 10 mm | <p>INTRODUCTION</p> <p>Divide the participants in sub groups of 5 people each and introduce the activity Example <i>"You are the mobility superheroes. Your mission is to highlight the best conditions that enable the interns draw a lesson from their mobility. Remember... what did you need in order to master your superpowers?"</i></p> |
| 30 mm | BRAINSTORMING FACTS |

| | |
|-------|--|
| | <ul style="list-style-type: none"> - (5mm) Distribute a worksheet A to each participant + 1 worksheet B for each group and provide instruction for support them to recall concrete experiences that support them on boosting their interns experience. Ex. <i>"Activate your teleportation power. Nothing simpler, just remember... Close your eyes, breath in deeply, clear your mind... and your already there! You are navigating through space and time. In order to stop at a particular destination or period, just imagine the places, the colors, the scents..."</i> - (10mm) Individual reflexion to fill the worksheet - (10mm) Share the experience, present the situations and what sensations they triggered to the group - (5mm) select some experience and copy it on the front side of the worksheet B |
| 15 mm | <p>PROBLEM SOLVING BRAINSTORMING</p> <ul style="list-style-type: none"> - Introduction/overview of weaknesses, challenges or problems participants encountered. Ex. <i>"Every superhero has a flaw, Achilles his heel, Ulysses his pride, Superman his kryptonite, Spiderman's Mary Jane... still each one of them is a legend. They had countless adventures and they overcame every difficulty. But how?"</i> - (15mm) group reflection and filling up the side b of the worksheet B |
| 10 mm | <p>IDENTIFY TRANSFERABLE SOLUTIONS</p> <p>Participants go back to the individual situations that were not selected and see, inside the group, if the identified strategies of overcoming are transferable. text ex. <i>"You are at the brink of triggering the ultimate superpower, which is of course using the powers of other superheroes. Build your guild. From Fantastic 4 to X-Men, remember that the force is in union!"</i></p> |



LEARNING OUTCOMES IN MOBILITY

LOGISTICS



x 10



x 1



x 10 worksheets A and 2 worksheets B
x 10 summary sheets with Kolb's diagram
x1 video projector + 1 screen



Identify the situations that are favorable for the acquisition of learning
in the case of mobility apprentices.



1 hour

INTRODUCTION

 5 minutes



“You are the mobility superheroes. Your mission is to resemble the best conditions in order for your apprentices to be able to draw learning from that experience. Remember... what did you need in order to master your superpowers?”



In sub-groups of 5 people, the goal of the workshop is to allow you to understand what makes an experience the source of learning.



Exchange of experiences with questioning and the production of meaning on the basis of different elements of the given situation.

STAGE 1: Concrete experience // reminiscence

 20 minutes



4 worksheets A per group: 1 for every participant + 1 worksheet B (distributed 15 minutes later)



X 5



“Activate your teleportation power. Nothing simpler, just remember... Close your eyes, breath in deeply, clear your mind... and your already there! You are navigating trough space and time. In order to stop at a particular destination or period, just imagine the places, the colors, the scents...”



5 minutes Individual moments to fill in the worksheet A



10 minutes Report of the experience, presenting the situations and what sensations they triggered to the group



5 minutes Fill in the front side of the worksheet B with the chosen experiences



STAGE 2: Analysis and generalization

 15 minutes



1 worksheet B per group



X 5



“Every superhero has a flaw, Achilles his heel, Ulysses his pride, Superman his kryptonite, Spiderman his Mary Jane... still each one of them is a legend. They had numberless adventures and they overcame every difficulty. But how?”



15 minutes. Fill in the back side of the worksheet B

STAGE 3: Transference

 10 minutes



Worksheets A and B



X 5



“You are at the brink of triggering the ultimate superpower, which is of course using the powers of other superheroes. Build your guild. From Fantastic 4 to X-Men, remember that the force is in union!”



Go back to the individual situations that were not selected and see, inside the group, if the identified strategies of overcoming are transferable.

CONCLUSION

 10minutes



The summary sheet with Kolb's diagram in connection to the workshop or the participant + projecting the diagram



x 10



- Reminder of the goal
- Quick exchange concerning the results of the stage 3

On the basis of a lived experience

- You visualized (stage 1 of the workshop/stage 1 of the Kolb's cycle)
- You exchanged opinions and confronted them, then generalized, that is conceptualized (stage 2 of the workshop/ stage 2 and 3 of the Kolb's cycle)
- You transferred (stage 3 of the workshop/stage 4 of the Kolb's cycle)

But also....

You tried out a couple of pedagogical tools: storytelling, flipped pedagogy, reminiscence...



You have seen that the problematic and destabilizing situations are vectors of learning.

Your role is to handle the unpleasant situations and reassure the participants going through them, to get the trainees to confront and analyze them, so they can overcome them better. And to emphasize them in the Europass...

PROLOGUE

“Some superheroes have innate powers like Superman, others have to construct them through experience and strategy, like Batman. It is through errors and destabilizing situations that he learnt to develop and master his powers. Don’t forget that a superhero can also feel the need to confess what he can do, to show it and be acknowledged. In order for him to be able to do this... he needs the right place, the right Robin and a lot of confidence!”



How do superheroes feel?

10 worksheets C

- Did you become aware of the importance of your superpower?

(scale 1 to 5: not at all/with some difficulties/yes/completely/with my eyes closed)

- Do you think you can use your superpower in the mobility programs with your trainees?

(scale 1 to 5: not at all/with some difficulties/yes/completely/with my eyes closed)

- What other elements would you need in order to better experience your superpower?